



Mediterranean Pain Forum

II EDITION

Co-Chairs

Giuliano **Lo Bianco** | Michael E. **Schatman**

Workshop

Cefalù
5th May **2024**
Centro Congressi Costa Verde

Endorsed by





5th May

Workshop

WORKSHOP I

COMPREHENSIVE PHYSICAL AND NEUROLOGICAL EXAMINATION COURSE

09.00 History and Physical Exam Course – Psychiatrist

Domenico Restivo

09.40 Neurological Examination – Neurologist

Eleonora Galosi

10.20 MRI and CT Scan IMAGING ANATOMY for Pain Physician - Radiologist

Giuseppe Peritore

11.30 End of scientific Workshop

Workshop

WORKSHOP II

HANDS-ON FLUOROSCOPY WORKSHOP - LUMBAR PROCEDURES

9.00 – 14.00 **5 groups**

Advancements in Pain Medicine:

An in-depth Exploration of Fluoroscopy Techniques, patient Selection, and anatomical Demonstration:

09:00 - 10:00 group 1

10:00 - 11:00 group 2

11:00 - 12:00 group 3

12:00 - 13:00 group 4

13:00- 14:00 group 5 (Vertebroplasty) **Dr. Valenza**



Techniques:

Interlaminar Epidural

Caudal Epidural

L1-5 Transforaminal Epidural - S1 Transforaminal Epidural

Medial Branch Block - RF

Sacroiliac Joint Injection

Lumbar facet and Sacroiliac Joint Radiofrequency

“Vertebral Fractures Workshop” : Vertebroplasty / Kyphoplasty Techniques

Carmelo Attilio Costa | Miles Day | Sean Li | Joseph Palumbo | Franco Valenza

Workshop

WORKSHOP III

LIVE MODEL ULTRASOUND DEMONSTRATION IN PAIN MEDICINE

11.00 Advancements in Pain Medicine: An In-depth Exploration of Ultrasound Techniques, Patient Selection, and Anatomical Demonstration

- Ultrasound techniques description and indication.
- What is the right patient?
- Scanning and Needling / Anatomical Demonstration & Teaching relevant to Pain Medicine

Domenico Albano | Fabrizio Micheli

LIVE MODEL ULTRASOUND DEMONSTRATION - 6 ULTRASOUND STATION

11:30 N.3 Rotation

13:00 Light Lunch (only those registered for the workshop)

13:30 N.3 Rotation

15:00 End of the workshop



LIVE MODEL ULTRASOUND DEMONSTRATION - 6 ULTRASOUND STATION

1 - Upper Limb MSK pain procedures and Peripheral Nerve entrapments

- Shoulder- Biceps Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve
- Elbow- Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel
- Wrist-Carpal Tunnel & Median Nerve, Guyon's Canal & MCP joint
- Upper limb Nerve entrapments

Domenico Albano | Raffaello Sutura

2 - Lower Limb MSK pain procedures and Peripheral Nerve entrapments

- Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve
- Knee- Knee joint, Genicular and Saphenous nerve
- Ankle- Tibio-tarsal joint, MTP joint, Tarsal Tunnel & Tibial nerve
- Lower limb Nerve entrapments

Fabrizio Micheli | Emilia Lo Giudice

3 - Cervical Spine Procedures/ Procedures for Neck pain

- Cervical Facet and Cervical Medial Branches, TON
- Cervical Nerve roots
- Cervical Sympathetic chain
- Greater Occipital Nerve

Felice Occhigrossi | Emanuele Piraccini



4 - Thoracic Spine procedures/ Procedures for Thoracic spine and Chest wall pain management

- Thoracic Facets, Costotransverse joint
- Thoracic Paravertebral
- Intercostal Nerve
- Erector Spinae plane block
- Parasternal plane block

Gianluca Russo | Vito Torrano

5 - Lumbar spine & Sacrum procedures/ Low back and buttock pain

- Caudal Epidural
- Sacro-iliac joint & ligaments
- Piriformis muscle injection
- Lumbar Facet joint & Medial Branches

Gaetano Terranova | Sara Calì

6 - Abdomen & Pelvic Procedures /Abdominal myofascial pain syndromes, Pelvic pain management

- Ilio-inguinal & ilio hypogastric nerve block
- Rectus sheath, TAP plane
- Quadratus lumborum block
- Genitofemoral nerve block
- Pudendal nerve block

Ezio Amorizzo | Andrea Tinnirello



Workshop

WORKSHOP IV | Non accreditato ai fini ECM

- 11.00 Spinal manipulation: mechanisms of action , adverse events and practice
Francesco Piampiano
- 11.30 Lumbar pain and associated disorders: an overview of clinical practice
- 12.00 End of scientific Workshop

WORKSHOP V | Non accreditato ai fini ECM

- 12.30 Understanding Frequency, Amplitude, Pulse Intensity, and Various Waveforms in Spinal Cord Stimulation
- 13.00 "Spinal Cord Stimulation Programming: A Crash Course"
- 13.30 End of scientific Workshop

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FACULTY

Domenico **ALBANO** | Milano

Ezio **AMORIZZO** | Roma

Sara **CALIÒ** | Messina

Carmelo Attilio **COSTA** | Catania

Miles **DAY** | Texas, USA

Eleonora **GALOSI** | Roma

Sean **LI** | New Jersey, USA

Emilia **LO GIUDICE** | Enna

Fabrizio **MICHELI** | Piacenza

Felice **OCCHIGROSSI** | Roma

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Giuseppe **PERITORE** | Palermo

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Emanuele **PIRACCINI** | Bologna

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Andrea **TINNIRELLO** | Brescia

Vito **TORRANO** | Lodi

Franco **VALENZA** | Palermo

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INFORMATION

Congress Venue

Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

Chair

Giuliano Lo Bianco | Michael E. Schatman

Registration

To attend the Workshop you must be registered to the Congress

- Workshop I € 100+IVA
- Workshop II € 200+IVA
- Workshop III € 200+IVA
- Workshop IV Free
- Workshop V Free

The registration fee includes:

the admission to scientific sessions, CME credits, certificate of attendance.

Online registration soon available on our website www.bibagroup.it

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