



2<sup>nd</sup> EDITION

# Workshop

# MEDITERRANEAN PAIN FORUM

**Co-Chairs**

Giuliano **Lo Bianco** | Michael **E. Schatman**

**5<sup>th</sup> MAY 2024**

**CENTRO CONGRESSI COSTA VERDE  
CEFALÙ, SICILY**

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5<sup>th</sup> May

Workshop

## WORKSHOP I

- 09.00 History and Physical Exam Course – Psychiatrist  
**Domenico Restivo**
- 09.30 Neurological Examination – Neurologist  
**Eleonora Galosi**
- 10.00 MRI and CT Scan IMAGING ANATOMY for Pain Physician - Radiologist  
**Giuseppe Peritore**
- 10.30 End of scientific Workshop

Workshop

## WORKSHOP II

- 11.00 Advancements in Pain Medicine: An In-depth Exploration of Ultrasound Techniques, Patient Selection, and Anatomical Demonstration
- Ultrasound techniques description and indication.
  - What is the right patient?
  - Scanning and Needling / Anatomical Demonstration & Teaching relevant to Pain Medicine
- Duetto: **Domenico Albano | Fabrizio Micheli**
- Live Model Ultrasound Demonstration – 6US stations**
- 11.30 Rotation
- 13.00 Light lunch (only those registered for the workshop)
- 13.30 Rotation
- 15.00 End of scientific Workshop

### **Live Model Ultrasound Demonstration – 6 Ultrasound Stations**

#### **1. Upper Limb MSK pain procedures and Peripheral Nerve entrapments**

- Shoulder- Biceps Tendon, AC Joint, SASD Bursa, Gleno-humeral joint, Suprascapular Nerve
- Elbow- Medial and Lateral Elbow, Ulnar nerve & Cubital Tunnel
- Wrist-Carpal Tunnel & Median Nerve, Guyon's Canal & MCP joint
- Upper limb Nerve entrapments

**Domenico Albano | Raffaello Sutera**

#### **2. Lower Limb MSK pain procedures and Peripheral Nerve entrapments**

- Hip- Hip joint, Trochanteric complex, Ilio-tibial band & lateral femoral cutaneous nerve
- Knee- Knee joint, Genicular and Saphenous nerve
- Ankle- Tibio-tarsal joint, MTP joint, Tarsal Tunnel & Tibial nerve
- Lower limb Nerve entrapments

**Fabrizio Micheli | Emilia Lo Giudice**

#### **3. Cervical Spine Procedures/ Procedures for Neck pain**

- Cervical Facet and Cervical Medial Branches, TON
- Cervical Nerve roots
- Cervical Sympathetic chain
- Greater Occipital Nerve

**Felice Occhigrossi | Emanuele Piraccini**



## Workshop

### 4. Thoracic Spine procedures/ Procedures for Thoracic spine and Chest wall pain management

- Thoracic Facets, Costotransverse joint
- Thoracic Paravertebral
- Intercostal Nerve
- Erector Spinae plane block
- Parasternal plane block

**Gianluca Russo | Vito Torrano**

### 5. Lumbar spine & Sacrum procedures/ Low back and buttock pain

- Caudal Epidural
- Sacro-iliac joint & ligaments
- Piriformis muscle inection
- Lumbar Facet joint & Medial Branches

**Gaetano Terranova | Sara Caliò**

### 6. Abdomen & Pelvic Procedures/ Abdominal myofascial pain syndromes, Pelvic pain management

- Ilio-inguinal & ilio hypogastric nerve block
- Rectus sheath, TAP plane
- Quadratus lumborum block
- Genitofemoral nerve block
- Pudendal nerve block

**Ezio Amorizzo | Andrea Tinnirello**

13.30 End of the Workshop

13.30 Light lunch

### **WORKSHOP III | Ospedale Giglio**

#### **HANDS-ON FLUOROSCOPY WORKSHOP - LUMBAR PROCEDURES**

09.00 Techniques:

Interlaminar Epidural

L1-5 Transforaminal Epidural - S1 Transforaminal Epidural

Medial Branch Block - RF

Sacroiliac Joint

**Carmelo Costa | Miles Day | Sean Li | Joseph Palumbo**

13.30 End of the Workshop

### **WORKSHOP IV | Non accreditato ai fini ECM**

11.00 "Neck pain and associated disorders (NAD I-II) : an overview of clinical practice guidelines"

11.30 Lumbar pain and associated disorders: an overview of clinical practice

12.00 End of scientific Workshop

### **WORKSHOP V | Non accreditato ai fini ECM**

12.30 Understanding Frequency, Amplitude, Pulse Intensity, and Various Waveforms in Spinal Cord Stimulation

13.00 "Spinal Cord Stimulation Programming: A Crash Course"

13.30 End of scientific Workshop

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## FACULTY

Domenico **ALBANO** | Milano

Ezio **AMORIZZO** | Roma

Sara **CALIÒ** |

Carmelo Attilio **COSTA** | Catania

Miles **DAY** | Texas, USA

Eleonora **GALOSI** | Roma

Sean **LI** | New Jersey, USA

Emilia **LO GIUDICE** | Enna

Fabrizio **MICHELI** | Piacenza

Felice **OCCHIGROSSI** | Roma

Joseph **PALUMBO** | Padova

Giuseppe **PERITORE** | Palermo

Emanuele **PIRACCINI** | Bologna

Domenico **RESTIVO** | Messina

Gianluca **RUSSO** | Lodi

Raffaello **SUTERA** | Bagheria

Getano **TERRANOVA** | Milano

Andrea **TINNIRELLO** | Brescia

Vito **TORRANO** | Lodi

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NOTE

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## INFORMATION

### Congress Venue

Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

### Chair

Giuliano Lo Bianco | Michael E. Schatman

### Registration

To attend the Workshop you must be registered to the Congress

- Workshop I € 100+IVA
- Workshop II € 200+IVA
- Workshop III € 200+IVA
- Workshop IV Free
- Workshop V Free

The registration fee includes:

the admission to scientific sessions, CME credits, certificate of attendance.

Online registration soon available on our website [www.bibagroup.it](http://www.bibagroup.it)



### PROVIDER & ORGANIZING SECRETARIAT



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