



2<sup>nd</sup> EDITION

# MEDITERRANEAN PAIN FORUM

**Co-Chairs**

Giuliano **Lo Bianco** | Michael **E. Schatman**

**3<sup>rd</sup> | 4<sup>th</sup> MAY 2024**  
**CENTRO CONGRESSI COSTA VERDE**  
**CEFALÙ, SICILY**

3<sup>rd</sup> May

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PROGRAM

08.30 Registration

09.00 Opening: Welcome Remarks

## **SESSION I | INTRODUCTION TO CONTEMPORARY APPROACHES IN CHRONIC PAIN MANAGEMENT**

Chairs: **G. Lo Bianco** | **M. Day** | **C. Gregoretti**

09.30 Interventional Pain Medicine: Bridging the Bio-Psycho-Social Abyss in Pain Management | **M. Schatman**

09.50 Elevating Interventional Pain Practice: The Imperative of Multidisciplinary Integrative Teams and Patient-Tailored Therapies | **A. Bhaskar**

10.10 Early Intervention Matters: Exploring the Vital Role of Interventional Pain Care in the Continuum of Early Pain Treatment | **P. Staats**

10.30 Navigating the Intersection of Artificial Intelligence and Pain Medicine for Enhanced Diagnostics and Treatment | **M. Cascella**

10.50 Discussion

11.00 Coffee Break

## **SESSION II | EXPLORING MODERN CHRONIC PAIN MANAGEMENT**

Chairs: **G. Lo Bianco** | **V. Guardamagna** | **A. Papa**

11.15 Addressing the Void: Advocating for Comprehensive Pain Training and the importance of International Certification Standards | **M. Rainieri**

11.35 Duetto: **P. Staats** | **S. Mercadante**

Moderator: **M. Day**

Specialized Duality or Unified Expertise: Exploring the Dichotomy in Ultra-Specialized Roles for Oncologic and Benign Pain Management

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11.55 Joint European Academy of Neurology-European Pain Federation-Neuropathic Pain Special Interest Group of the International Association for the Study of Pain guidelines on neuropathic pain assessment | **E. Galosi**

12.15 Exploring Innovations in Diagnostic and Interventional Ultrasound for MSK | **D. Albano**

12.30 **Rountable | Pain Medicine Education: International Perspectives**  
**A. Bhaskar** with the speakers, **M. Schatman**, **M. Day**, **C. Santi** and the audience

13.00 Lunch Symposium

14.00 Opening **Mediterranean Pain Forum**  
Greetings from Authorities

## **SESSION III | CHRONIC PAIN: INTERVENTIONAL INSIGHTS**

Chairs: **C. Costa** | **E. Lo Giudice** | **L. Kapural**

14.30 Precision in Pain: Navigating Facetogenic Pain with Medial Branch and Z-Joint Injections - Choosing Between Fluoroscopy and Ultrasound Guidance | **P. De Negri**

14.50 Epidurals Unveiled: Distinguishing Between Interlaminar and Transforaminal Steroid Injections - A Comprehensive Exploration of Rationale, Indications, and Contrast Patterns | **M. Innamorato**

15.10 Cold, Heat, and Pulses: Deciphering the Code for Pain Relief - Choosing the Right Modality in Cryoablation, Radiofrequency Ablation, and Pulse Radiofrequency | **F. Occhigrossi**

15.30 Sacroiliac Joint Intervention: Indications and Techniques – Emerging Therapies | **S. Li**

15.50 Discussion

16.00 Coffee Break



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## SESSION IV | CHRONIC PAIN: INTERVENTIONAL INSIGHTS

Chairs: **A. Al-Kaisy** | **V. De Santis** | **M. Innamorato**

- 16.15 Revolutionizing Spinal Pain Care: Exploring the Frontier of Regenerative Medicine in Interventional Techniques | **S. Diwan**
- 16.35 Inside the Disc: Exploring Indications, Evidence, and Techniques of Intradiscal Interventional Procedures | **P.Enea**
- 16.55 Breaking Barriers: Advancements in Epidural Lysis of Adhesions and Epiduroscopy for Enhanced Pain Management | **M. Day**
- 17.15 Peripheral Nerve Stimulation for Chronic Pain | **F. Micheli**

## SESSION V | RADIOFREQUENCY JOINT DENERVATION

Chairs: **S. Crinò** | **S. Diwan** | **N. Salvo**

- 17.30 Optimizing Knee Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **M. Schembari**
- 17.45 Optimizing Hip Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **G. Terranova**
- 18.00 Optimizing Shoulder Pain Relief: An In-Depth Review of Interventional Treatments – Indications, Outcomes, and Techniques under Ultrasound and Fluoroscopy | **A. Tinnirello**
- 18.20 Roundtable with the speakers, **L. Kapural**, **A. Abd Elsayed**, **S. Li** and the audience. Understanding the algorithm for treatment of chronic abdominal pain
- 18.50 End of scientific session

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## **SESSION VI | CURRENT PERSPECTIVES: UPDATES ON OPIOID THERAPY AND ADJUVANTS IN PAIN MANAGEMENT**

Chairs: **S. Crinò | F. Occhigrossi | M. Schatman**

08.00 Breakfast Symposium

08.30 Current Perspectives on Opioid Therapy: Advancements and Challenges in Non-Cancer Pain Management | **S. Mercadante**

08.50 Neuropathic Pain Treatment – A Journey Back to the Basics and Beyond | **F. Drago**

09.10 The Endocannabinoid system: potential therapeutic application | **V. Guardamagna**

09.30 Unraveling Opioid-Induced Hyperalgesia: Strategies for Recognition and Management | **S. Natoli**

09.50 Buprenorphine or Methadone for Opioid Use Disorder? | **S. Mercadante**

10.10 Discussion

## **SESSION VII | NEUROMODULATION – SPINAL CORD STIMULATION**

Chairs: **A. Abd Elsayed | P. De Negri | E. Lo Giudice**

10.30 Understanding the Mechanisms of Action and Indications for Spinal Cord Stimulation | **A. Papa**

10.50 Waveform Wonders: Exploring Different Modalities in Spinal Cord Stimulation | **D. De Ridder**

11.10 Effectiveness of Combined Dorsal Root Ganglion And Spinal Cord Stimulation | **A. Al-Kaisy**

11.30 ECAP Controlled Closed-Loop SCS | **S. Li**

11.50 Update On SCS, Now and The Future | **L. Kapural**

12.00 Coffee Break

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## **SESSION VIII | SPINE SURGERY AND MINIMALLY INVASIVE APPROACHES**

Chairs: **L. Basile** | **D. De Ridder** | **F. Perna**

- 12.10 Spinal Interventional Neuroradiology in Low Back Pain: crossing the border | **L. Manfrè**
- 12.30 Charting the Course: Indications, Timing, and Surgical Strategies in Spine Interventions | **A. Toscano**
- 12.50 Safeguarding Care: Strategies for Complication Avoidance in Interventional Pain Medicine | **A. Abd Elsayed**
- 13.10 Lunch

## **SESSION IX | CHRONIC PAIN: INTERVENTIONAL INSIGHTS**

Chairs: **A. Al-Kaisy** | **S. Diwan** | **G.Lo Bianco**

- 14.30 Duetto: **E. Amorizzo** | **S. Li**  
Moderator: **L. Manfrè**  
Guiding Precision: Choosing Wisely Between Ultrasound and Fluoroscopy for Optimal Outcomes in Pain Procedures
- 14.50 PILD and Open Decompression for the Treatment of Lumbar Spinal Stenosis: 2-Year Outcomes | **P. Staats**
- 15.10 Special Intervention for Cancer Pain: Advanced Techniques | **M. Day**
- 15.30 Charting Excellence: The Top 10 Pain Medicine Articles of 2023 | **A. Abd Elsayed**
- 15.50 Discussion
- 16.00 Coffee Break



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## SESSION X

### HEADACHE AND FACIAL PAIN

Chairs: **M. Day** | **V. Raieli** | **M. Romano**

- 16.10 Common Primary Headaches: Diagnosis and Classification | **F. Brighina**
- 16.40 Cervicogenic Headaches: Diagnosis and Treatment | **E. Piraccini**
- 17.00 Interventional Treatment of Facial Pain | **C. Costa**
- 17.20 Stereotactic And Functional Neurosurgery for Facial Pain | **G. Tringali**
- 17.40 Facial Pain Unmasked: Insights into Post-Herpetic Neuralgia and Innovative Treatment Approaches | **S. Tamburin**
- 18.00 Discussion
- 18.15 End of the meeting

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## FACULTY

Adnan **AL-KAISY** | Londra, Uk

Ezio **AMORIZZO** | Roma

Luigi **BASILE** | Caltanissetta

Filippo **BRIGHINA** | Palermo

Marco **CASCELLA** | Salerno

Carmelo Attilio **COSTA** | Catania

Silvio **CRINÒ** | Palermo

Miles **DAY** | Texas, USA

Pasquale **DE NEGRI** | Napoli

Dirk **DE RIDDER** | Belgio, Olanda

Valerio **DE SANTIS** | Palermo

Sudhir **DIWAN** | New York, USA

Filippo **DRAGO** | Catania

Alaa Abd **ELSAVED** | Wisconsin, USA

Pasquale **ENEA** | Palermo

Eleonora **GALOSI** | Roma

Cesare **GREGORETTI** | Palermo

Vittorio **GUARDAMAGNA** | Milano

Massimo **INNAMORATO** | Bologna

Leo **KAPURAL** | Carolina, USA

Sean **LI** | New Jersey, USA

Giuliano **LO BIANCO** | Palermo

Emilia **LO GIUDICE** | Enna

Luigi **MANFRÈ** | Catania



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Alfonso **PAPA** | Napoli

Fabrizio **PERNA** | Bagheria

Emanuele **PIRACCINI** | Bologna

Maurizio **RANIERI** | Palermo

Vincenzo **RAIELI** | Palermo

Marcello **ROMANO** | Palermo

Carola **SANTI** | Brescia

Nicola **SALVO** | Palermo

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Marilina **SCHEMBARI** | Catania

Peter **STAATS** | New Jersey, USA

Stefano **TAMBURIN** | Verona

Gaetano **TERRANOVA** | Milano

Andrea **TINNIRELLO** | Brescia

Vito **TORRANO** | Lodi

Angelo **TOSCANO** | Bagheria

Giovanni **TRINGALI** | Palermo







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## INFORMATION

**Congress Venue:** Centro Congressi Costa Verde | Viale dell'Imprenditoria, Cefalù (PA)

**Co-Chair:** Giuliano Lo Bianco, Michael E. Schatman

**Scientific Committee:** Miles Day, Sebastiano Mercadante, Sean Li, Alfonso Papa, Peter Staats, Carmelo Costa, Leo Kapural, Alaa Abd-Elseyed

The Congress is an ECM Event

### Registration

- Physicians registration fee € 500,00+IVA
- Nurses • Students • Residents Free

The registration fee includes:  
the admission to scientific sessions, CME credits, certificate of attendance.

Online registration soon available on our website [www.bibagroup.it](http://www.bibagroup.it)



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